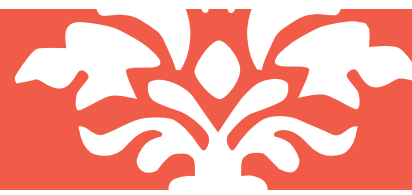


MELROSE GARDENS MENU



August 2017

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | |
|--|---|--|--|--|--|--|---|
| <p>MELROSE GARDENS PREPARES OUR MENU WITH NO ADDED SALTS OR SUGARS.</p> | <p>SOUPS</p> <p>Sunday Cream of Broccoli Monday Vegetable Tuesday Split Pea Wednesday Lentil Thursday Cream of Tomato Friday Clam Chowder Saturday Beef Barley</p> | <p>1</p> <p><u>BREAKFAST</u> French Toast, Eggs any Style Cereal, Fresh Fruit, Prunes</p> <p><u>LUNCH</u> Beef Vegetable Soup Chicken Salad, Green Salad Fresh Bread, Fresh Fruit</p> <p><u>DINNER</u> Four Bean Soup, Roast Turkey Mashed Potato, Green Beans Cranberry Sauce, Yellow Cake</p> | <p>2</p> <p><u>BREAKFAST</u> Pancakes, Eggs any Style Cold Cereal, Fresh Fruit, Prunes</p> <p><u>LUNCH</u> Lentil Soup, Corn Beef Sandwich Cabbage & Carrots Chocolate Chip Cookies</p> <p><u>DINNER</u> Carrot Soup, Hot Dogs Coleslaw, Potato Chips Churros</p> | <p>3</p> <p><u>BREAKFAST</u> French Toast, Eggs any Style Cereal, Fresh Fruit, Prunes</p> <p><u>LUNCH</u> Tomato Soup Egg and Tuna Salad, Fresh Salad Bread, Marble Cake</p> <p><u>DINNER</u> Cream of Mushroom Soup Shrimp Scampi, Rotilli Baked Zucchini, Tomato, Peach Pie</p> | <p>4</p> <p><u>BREAKFAST</u> Pancakes, Eggs any Style Cereal, Fresh Fruit, Prunes</p> <p><u>LUNCH</u> Butter Squash Soup Grilled Cheese Sandwich Spinach Salad, Ice Cream Sunday</p> <p><u>DINNER</u> Beans & Vegetable Soup Beef Stew, White Rice, Broccoli Jell-O</p> | <p>5</p> <p><u>BREAKFAST</u> Eggs Benedict, Cold Cereal Fresh Fruit, Prunes</p> <p><u>LUNCH</u> Broccoli Soup, Grilled Salmon, Rice Fresh Vegetables, Oatmeal Cookies</p> <p><u>DINNER</u> Cream Potato Soup Fried Chicken, Mashed Potato Mixed Veggies, Cheesecake</p> | |
| | <p>6</p> <p><u>BREAKFAST</u> Bagel, Eggs any style Cold Cereal, Fresh Fruit, Prunes</p> <p><u>LUNCH</u> Tomato Bean Soup Vegetable Quiche Green Salad, Fresh Fruit Italian Cannoli</p> <p><u>DINNER</u> Vegetable Soup Roasted Beef, Mashed Potato Mixed Veggies, Sugar Cookies</p> | <p>7</p> <p><u>BREAKFAST</u> Pancakes, Eggs any Style Cold Cereal, Fresh Fruit, Prunes</p> <p><u>LUNCH</u> Carrot Soup, Tuna Melt Sandwich Garden Salad, Ice Cream</p> <p><u>DINNER</u> Broccoli Soup, Chicken Marinara Roasted Potatoes, Green Beans Fresh Bread Chocolate Chip Cookies</p> | <p>8</p> <p><u>BREAKFAST</u> French Toast, Eggs any Style Cereal, Fresh Fruit, Prunes</p> <p><u>LUNCH</u> Lentil Soup Beef Empanadas, Fresh Bread Green Salad, Churros</p> <p><u>DINNER</u> Mushroom Soup Salisbury Steak, Rice, Mixed Veggies Pineapple Cake</p> | <p>9</p> <p><u>BREAKFAST</u> Pancakes, Eggs any Style Cold Cereal, Fresh Fruit, Prunes</p> <p><u>LUNCH</u> Barley Soup Ham & Cheese Sandwich, Carrot Salad Potato Chips, Assorted Cookies</p> <p><u>DINNER</u> Split Pea Soup, Chicken Marsala Pasta Salad, Yellow Squash Bread Pudding</p> | <p>10</p> <p><u>BREAKFAST</u> French Toast, Eggs any Style Cereal, Fresh Fruit, Prunes</p> <p><u>LUNCH</u> Potato Soup Chef Salad, Fresh Rolls Fresh Fruit, Jell-O</p> <p><u>DINNER</u> Minestrone Soup Spaghetti w/Meatballs, Caesar Salad Garlic Bread, Chocolate Mousse Cake</p> | <p>11</p> <p><u>BREAKFAST</u> Pancakes, Eggs any Style Cereal, Fresh Fruit, Prunes</p> <p><u>LUNCH</u> Navy Bean Soup Vegetables Lasagna Green Salad, Fresh Bread Ice Cream</p> <p><u>DINNER</u> Spinach Soup, Baked Salmon Rice with Dill, Zucchini, Apple Pie</p> | <p>12</p> <p><u>BREAKFAST</u> Eggs Benedict, Cold Cereal Fresh Fruit, Prunes</p> <p><u>LUNCH</u> French Onion Soup, Hot Dogs, Coleslaw Potato Chips, Jell-O</p> <p><u>DINNER</u> Chicken Soup Lemon Herb Chicken, Fresh Vegetables Sweet Potato Pie, Fruit Salad</p> |
| | <p>13</p> <p><u>BREAKFAST</u> Bagel, Eggs any Style Cold Cereal, Fresh Fruit, Prunes</p> <p><u>LUNCH</u> Lentil Soup, Beef Lasagna Italian Green Salad, Fresh Fruit Salad</p> <p><u>DINNER</u> Chicken Vegetable Soup Chicken Cacciatore, Angel Hair Pasta Buttered Peas & Carrots, Jell-O</p> | <p>14</p> <p><u>BREAKFAST</u> Pancakes, Eggs any Style Cold Cereal, Fresh Fruit, Prunes</p> <p><u>LUNCH</u> Zucchini Squash Soup Beef Quesadillas, Salad, Ice Cream</p> <p><u>DINNER</u> Split Pea Soup, Roasted Chicken Mashed Potatoes, Green Beans Pumpkin Cake</p> | <p>15</p> <p><u>BREAKFAST</u> French Toast, Eggs any Style Cereal, Fresh Fruit, Prunes</p> <p><u>LUNCH</u> Posole Soup, Cauliflower, Patty, Rice Tomato Sauce, Coconut Cake</p> <p><u>DINNER</u> Vegetable & Bean Soup Shepherd's Pie, Green Beans Brownies</p> | <p>16</p> <p><u>BREAKFAST</u> Pancakes, Eggs any Style Cold Cereal, Fresh Fruit, Prunes</p> <p><u>LUNCH</u> Cream of Potato Soup Chicken Cobb Salad, Fresh Bread Oatmeal Raisin Cookies</p> <p><u>DINNER</u> Clam Chowder Soup Breaded Tilapia, Roasted Potatoes Fresh Carrots, Lemon Bars</p> | <p>17</p> <p><u>BREAKFAST</u> French Toast, Eggs any Style Cereal, Fresh Fruit, Prunes</p> <p><u>LUNCH</u> Butter Squash Soup Blintzes, Sour Cream Apple Sauce, Coffee Cake</p> <p><u>DINNER</u> Spinach Soup Spaghetti & Meatballs Chocolate Chip Cookies</p> | <p>18</p> <p><u>BREAKFAST</u> Pancakes, Eggs any Style Cereal, Fresh Fruit, Prunes</p> <p><u>LUNCH</u> Cream of Mushroom Soup Salmon Salad Sandwich Baby Spinach Salad Chocolate Cake</p> <p><u>DINNER</u> Vegetable Soup, Lemon Herb Chicken Fresh Carrots, Potatoes Banana Cake</p> | <p>19</p> <p><u>BREAKFAST</u> Eggs Benedict, Cold Cereal Fresh Fruit, Prunes</p> <p><u>LUNCH</u> Tomato Soup Garden Salad with Tuna Fresh Roll, Peaches and Cream</p> <p><u>DINNER</u> Cream of Carrots Soup BBQ Chicken, Sweet Potato Mixed Vegetables Apple Crisp</p> |
| | <p>20</p> <p><u>BREAKFAST</u> Bagel, Eggs any Style Cold Cereal, Fresh Fruit, Prunes</p> <p><u>LUNCH</u> Italian Soup, Ravioli Bread, Salad</p> <p><u>DINNER</u> Lentil Soup BBQ Ribs, Mashed Potato Green Beans, Chocolate Cake</p> | <p>21</p> <p><u>BREAKFAST</u> Pancakes, Eggs any Style Cold Cereal, Fresh Fruit, Prunes</p> <p><u>LUNCH</u> Cream of Broccoli Soup Stuffed Potato, Fruit Slices Green Salad, Jello</p> <p><u>DINNER</u> Vegetable Soup Stuffed Cabbage, Rice Apple Pie</p> | <p>22</p> <p><u>BREAKFAST</u> French Toast, Eggs any Style Cereal, Fresh Fruit, Prunes</p> <p><u>LUNCH</u> Cabbage Soup, Chicken Enchiladas Brown Rice, Beans Ice Cream</p> <p><u>DINNER</u> French Onion Soup, Roast Chicken Baked Potato, Baby Carrots Chocolate Chip Cookies</p> | <p>23</p> <p><u>BREAKFAST</u> Pancakes, Eggs any Style Cold Cereal, Fresh Fruit, Prunes</p> <p><u>LUNCH</u> Cream of Cauliflower Soup Vegetable Pizza, Garden Salad Assorted Cookies</p> <p><u>DINNER</u> Egg Drop Soup Teriyaki Chicken, Japanese Vegetables Rice, Oatmeal Cookies</p> | <p>24</p> <p><u>BREAKFAST</u> French Toast, Eggs any Style Cereal, Fresh Fruit, Prunes</p> <p><u>LUNCH</u> Egg Drop Soup, Teriyaki Chicken Japanese Vegetables, Rice Oatmeal Cookies</p> <p><u>DINNER</u> Minestrone Soup, Spaghetti w/Meatballs Garlic Bread, Zucchini Fruit Salad</p> | <p>25</p> <p><u>BREAKFAST</u> Pancakes, Eggs any Style Cereal, Fresh Fruit, Prunes</p> <p><u>LUNCH</u> Borsch Soup, Potato Pancake Apple Sauce, Sour Cream Cottage Cheese Sugar Cookies</p> <p><u>DINNER</u> Potato Soup, Chicken Fajitas Flour Tortillas, Pinto Beans Churros</p> | <p>26</p> <p><u>BREAKFAST</u> Eggs Benedict, Cold Cereal Fresh Fruit, Prunes</p> <p><u>LUNCH</u> Zucchini Soup Egg and Tuna Salad, Fresh Bread Garden Salad, Ice Cream Sundae</p> <p><u>DINNER</u> Corn Chowder Soup Grilled Chicken, Steamed Rice Fresh Carrots, Pineapple Cake</p> |
| <p>27</p> <p><u>BREAKFAST</u> Bagel, Eggs any Style Cold Cereal, Fresh Fruit, Prunes</p> <p><u>LUNCH</u> Cream of Mushroom Soup Hamburger, Coleslaw, Potato Chips Banana Split</p> <p><u>DINNER</u> Chicken Rice Soup Stuffed Chicken Baked Sweet Potato Blueberry Cake</p> | <p>28</p> <p><u>BREAKFAST</u> Pancakes, Eggs any Style Cold Cereal, Fresh Fruit, Prunes</p> <p><u>LUNCH</u> Spinach Soup Tuna Patty, Jasmin Rice Steamed Vegetables, Banana Cake</p> <p><u>DINNER</u> Cauliflower Soup Beef Empanadas, Potato Salad Fresh Vegetables, Sugar Cookies</p> | <p>29</p> <p><u>BREAKFAST</u> French Toast, Eggs any Style Cereal, Fresh Fruit, Prunes</p> <p><u>LUNCH</u> Beef Vegetable Soup Chicken Salad, Green Salad Fresh Fruit</p> <p><u>DINNER</u> Four Bean Soup, Roast Turkey Mashed Potato, Green Beans Cranberry Sauce, Yellow Cake</p> | <p>30</p> <p><u>BREAKFAST</u> Pancakes, Eggs any Style Cold Cereal, Fresh Fruit, Prunes</p> <p><u>LUNCH</u> Lentil Soup Cornbeef Sandwich Cabbage & Carrots Chocolate Chip Cookies</p> <p><u>DINNER</u> Carrot Soup, Hot Dogs Coleslaw, Potato Chips, Churros</p> | <p>31</p> <p><u>BREAKFAST</u> French Toast, Eggs any Style Cereal, Fresh Fruit, Prunes</p> <p><u>LUNCH</u> Tomato Soup, Egg & Tuna Salad Fresh Salad, Bread, Marble Cake</p> <p><u>DINNER</u> Cream of Mushroom Soup Shrimp Scampi, Rotilli Baked Zucchini, Tomato Peach Pie</p> | <p>BEVERAGES</p> <p>Breakfast Cranberry, Apple, Orange Juices Coffee - Hot Tea Hot Chocolate Milk - Water</p> <p>Lunch & Dinner Coffee - Hot Tea Water - Ice Tea Lemonade</p> <p>MENU ALTERNATIVES</p> <p>Hamburger Hotdog Chicken Salad Plain Omelet Fruit & Cottage Cheese Platter Assorted Sandwiches including Tuna Salad, Turkey, Ham, Peanut Butter & Jelly Grilled Chicken Breast or Salmon</p> | | |

DINING HOURS Breakfast: 8:00 to 9:30 a.m. / Lunch: 12:00 to 1:30 p.m. / Dinner: 5:00 to 6:30 p.m.

Menu subject to change.
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